

## Jesus Explains the Sabbath!

Sept 26, 2021  
Mark 2:23-3:6

Pastor Mark Turner  
Oakbrook Community Church (PCA)

### Review: A Quick Start

- John the Baptist announced the coming Messiah
- Jesus came to John to be baptized: identifying w/ sinners
- Heavens torn open, spirit descends, Father speaks
- Jesus overcame the temptations & began preaching
- Jesus heals, gathers disciples, prays and preaches
- Jesus even forgives sins, annoying the religious!
- Jesus calls unworthy sinners to be His disciples, The Kingdom has come!

### The Building Controversy

- Jesus has already been confronted by Pharisees<sup>Mrk 2:6,16,18</sup>
- Jesus calls Himself the bridegroom – celebrate the kingdom!
- See Jesus' ministry through eyes of faith & lens of Scripture to understand – Jesus is the fulfillment of Scripture.

### The Sabbath Reviewed

- Sabbath was a part of Jews life 1 in 7
- Creation: Gen 2:2-3; Law: Ex 20:8-11; Dt.5:12-13
- to abandon the Sabbath was to turn back on Covenant God
- Pharisees knew Sabbath forbid working: so they 'hedged' with regulations what it meant to work to protect the 4<sup>th</sup>
- Pharisees watched Jesus carefully Mk 2:24; 3:2

### Back to the Word

- Mark: vivid & concise report<sup>2:23</sup>; Pharisees confront<sup>2:24</sup>
- Jesus asked a question rather than answer<sup>2:25-26</sup>
- Jesus: Pharisees are missing the point of the Sabbath - God gave the Sabbath for man's benefit, not to restrict man
- If David's actions not unlawful, then neither disciples' action
- Jesus then basically declares 'Sabbath given for the benefit of God's people... Jesus is Lord of all... Jesus has divine authority... so Jesus can show us what the Sabbath means!

### The Sabbath - a Day for Doing Good 3:1-6

- Another incident - unknown timing but shows conflict...
- Jesus starts with a question when situation arises
- Pharisees were SILENT<sup>3:4</sup>
- Jesus was righteously angry & grieved at their hard hearts<sup>3:5</sup>
- Jesus healed man with mercy & grace
- Mark shows us Pharisees sought to destroy Jesus!

### Sabbath Lessons from Jesus:

- Christian Sabbath now 1<sup>st</sup> day of the week -resurrection day
- Sabbath creation ordinance 1 in 7 rest for man still holds
- Christ's work has granted believers REST from trying to earn our salvation! Christ did what we were powerless to do!
- WSC Q60: How is the sabbath to be sanctified? A: The sabbath is to be sanctified by a holy resting all that day, even from such worldly employments and recreations as are lawful on other days; and spending the whole time in the public and private exercises of God's worship, except so much as is to be taken up in the works of necessity and mercy.

## Jesus Explains the Sabbath!

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